

# LUNCH

## FRIDAY, MAY 2, 2025

### CHICKEN STRIPS

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
312	425mg	31g	17.5g	6g	97mg	1g

### SPICY GARLIC & LIME TILAPIA

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
138	150mg	21g	6g	0g	48mg	0g

### CHIK'N STRIPS 3 strips

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
150	350mg	11g	7g	12g	0mg	2g

cashew coconut oil

### MAC & CHEEZE gluten-free pasta

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
405	385mg	20g	11g	57g	0mg	4g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

# DINNER

FRIDAY, MAY 2, 2025

## CHICKEN TIKKA MASALA



CALORIES  
375

SODIUM  
570mg

PROTEIN  
24g

FAT  
16g

CARBS  
34g

CHOLESTEROL  
75mg

FIBER  
2g

## CHANA DAL



CALORIES  
285

SODIUM  
781mg

PROTEIN  
11g

FAT  
2g

CARBS  
56g

CHOLESTEROL  
0mg

FIBER  
9g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen